

academycafe

BREAKFAST

Breakfast quesadilla	7
Croissant sandwich	7
Add all natural Applewood smoked bacon or chorizo	2
Veggie breakfast burrito (V)	7
Add all natural Applewood smoked bacon or chorizo	2

Breakfast is served Monday-Friday until 10:30am

HOUSE-MADE SOUPS

Three bean chili	7
Chicken noodle soup	7
House-made clam chowder	7
Served in a bread bowl	10

HOT PRESSED SANDWICHES

White albacore tuna melt	13
Fresh mozzarella & tomato on sourdough (V)	12
Sirloin steak sandwich	14
Vietnamese chicken bahn mi	10
Grilled cheese (V)	8

SALADS & WRAPS

Mary's Organic Chicken salad wrap	10
Traditional Caesar salad	9
Artichoke & wheatberry salad (V)	9
Farmers market salad (VG)	9
Add grilled organic chicken breast	6

PIZZA

Margherita (V)	7
5 Cheese blend (V)	7
Pepperoni	7
Whole pizza pie	35

GRILL

Pulled pork sandwich	13
Vegetarian burger (V)	14
All natural burger with cheddar cheese	13
Add avocado	2
Add all natural Applewood smoked bacon	2

KIDS MENU

All natural chicken tenders	7.50
House-made mac & cheese	7.50
All natural hot dog	7.50

All kids meals are served with fresh fruit & low-fat milk as part of our commitment to the partnership for a healthier America.

SUSHI

Tsunami combo	18
Rainbow roll	15
Shrimp tempura roll	15
Salmon avocado roll	12
Spicy tuna roll	12
California roll	10
Veggie roll (VG)	8
Edamame (VG, GF)	6
Seaweed salad	6

BOWLS

Academy Bowl	14
Can be made vegan & gluten free	

COFFEE

Coffee		2
Espresso	single 2	double 3.50
Cappuccino	single 5	double 5.50
Café latte	single 5	double 5.50
Café mocha	single 5	double 5.50

Although we prepare dishes labeled as GF with gluten-free ingredients, we cannot guarantee that foods we serve are completely "gluten free" as we use wheat, barley, & rye in many of our other recipes in our kitchen

V VEGETARIAN **GF** GLUTEN-FREE **VG** VEGAN