

academycafe

BREAKFAST

| | |
|---------------------------|---|
| Three egg omelet (V) (GF) | 5 |
| Sausage english muffin | 5 |
| Pancakes (V) | 5 |
| Side of tots | 5 |

Breakfast is served Monday-Friday until 10:30am

HOUSE-MADE SOUPS

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|------------------------------|----|
| Vegan quinoa chili (VG) (GF) | 7 |
| Chicken noodle soup | 7 |
| House-made clam chowder | 8 |
| Served in a bread bowl | 10 |

HOT SANDWICHES

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|-------------------------|----|
| Academy club | 14 |
| Caprese sandwich (V) | 12 |
| Turkey melt | 14 |
| Grilled cheese (V) | 8 |
| Served with tomato soup | 12 |

SALADS & WRAPS


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|------------------------------------|----|
| Berry salad (V) (GF) | 10 |
| Cal-mex salad (V) | 10 |
| Superfood salad(V) (GF) | 12 |
| Add grilled organic chicken breast | 6 |

PIZZA

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|---------------------------------|----|
| Cheese blend (V) | 7 |
| Margherita (V) | 8 |
| Pepperoni | 8 |
| Whole pizza | 40 |
| Whole cheese pizza (V) | 35 |
| Gluten free personal pizza (GF) | 12 |

Although we prepare dishes labeled as GF with gluten-free ingredients, we cannot guarantee that foods we serve are completely "gluten free" as we use wheat, barley, & rye in many of our other recipes in our kitchen

GRILL

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|---|----|
| Pulled pork sandwich | 12 |
| Vegetarian burger (V)  | 14 |
| All natural burger with cheddar cheese | 14 |
| Add avocado | 2 |
| Add all natural Applewood smoked bacon | 2 |

KIDS MENU

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|------------------------------------|---|
| All natural chicken tenders | 8 |
| House-made mac & cheese (V) | 8 |
| Peanut Butter & Jelly Sandwich (V) | 8 |
| Quesadilla (V) | 8 |

All kids' meals are served with fresh fruit & low-fat milk as part of our commitment to the Partnership for a Healthier America.

SUSHI

| | |
|---------------------|----|
| Tsunami combo | 18 |
| Rainbow roll | 16 |
| Shrimp tempura roll | 15 |
| Salmon avocado roll | 13 |
| Spicy tuna roll | 13 |
| California roll | 11 |
| Veggie roll (VG) | 9 |
| Edamame (VG) (GF) | 6 |
| Seaweed salad (VG) | 6 |

BOWLS

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| Academy Bowl  | 13 |
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Customize your meal with seasonal options that can include rice, quinoa, meats, veggies, and assorted toppings

Can be prepared gluten free

COFFEE

| | | | |
|------------|------------|-------------|-------------|
| Coffee | Small 2.75 | Medium 3.25 | Large 3.75 |
| Espresso | | single 2 | double 3.50 |
| Cappuccino | | single 4 | double 5.50 |
| Café latte | | single 4 | double 5.50 |
| Café mocha | | single 4 | double 5.5 |